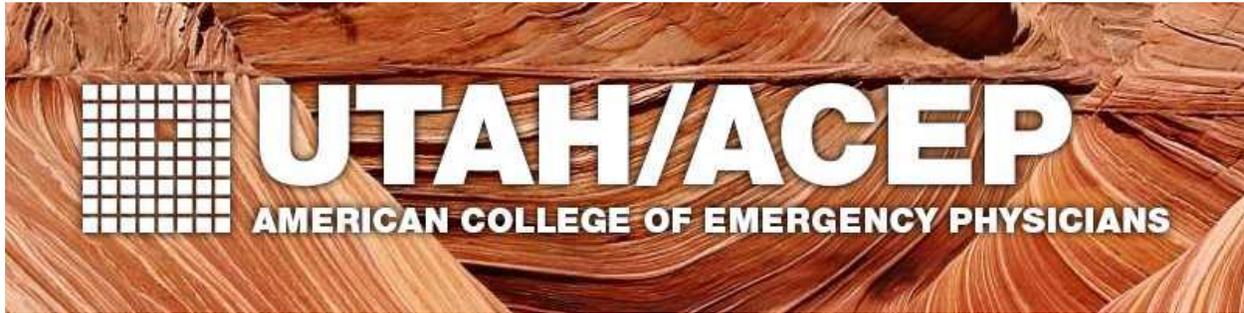


A Newsletter for the Members of the Utah Chapter - Fall 2023



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*Newsletter prepared by Alison Smith, MD, MPH, FACEP, UCEP President*

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**Introduction to Buprenorphine in the Emergency Department**

Matt Hollifield, MD

Patients with opioid use disorder (OUD) are at a high risk of morbidity and mortality, and are a growing population in our emergency departments. Estimates of one-year mortality after non-fatal opioid overdose range from 5.5% to 10%. In one series, one out of five deaths occur within 30 days of an ED visit and one in 22 deaths will occur within two days. Detox to abstinence programs have low efficacy and patients who fail detox are at especially high risk of overdose with the resumption of use. When buprenorphine is initiated in the emergency department, patients are more than twice as likely to be engaged in substance misuse treatment at 30 days when compared to patients referred to outside treatment programs. OUD is deadly and we have the tools to save lives and make a difference. [Read more.](#)

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## **UCEP's Role in the Training of Emergency Medicine Residents in Utah**

Susan Stroud, MD

The EM residency program based at the University of Utah has benefitted from a close relationship with UCEP since the enrollment of its first class in 2005. All residents in our program are provided with ACEP, EMRA, and UCEP membership throughout their training. The benefits of membership in these organizations provide our trainees with resources and opportunities that enhance their clinical education and expose them to opportunities to learn and lead through advocacy for our specialty.

The core content of an emergency medicine residency is dedicated to exposure and mastery of the clinical skills necessary to be a competent emergency physician. Membership in UCEP provides the opportunity to gain parallel experiences in understanding the issues facing our patients and all EM physicians in the workplace outside of their training environment. Understanding the special role that emergency medicine plays in the safety net of our healthcare system, as well as the issues facing our physicians and specialty, is just the beginning. [Read more.](#)

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## **Gratitude and Wellness**

H. Todd Yeates, MD

Let me preface this by saying that this is not a scholarly article but mostly my perspective and experience. As we all know, emergency medicine is a demanding practice that exposes us to high levels of stress. We have constant pressure, frequent complex cases, long hours, circadian dysrhythmia, challenging consultants, and difficult patient interactions. The list that makes our job challenging is endless. Needless to say, our professional career choice can take a toll on the mental and emotional well-being of each one of us. I would dare to say that there is not one of us who has not felt the stress of our career with some sort of impact on our overall well-being.

There has been extensive discussion recently about wellness and what we can do to create improved personal and institutional wellness. While this is obviously multifactorial and requires a multifactorial approach, in my experience, one thing that has helped me is gratitude. [Read more.](#)

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## **News from the Wasatch Back**

Geoffrey M. Crockett, MD, FACEP

Year over year, Park City and Heber Valley Hospitals are seeing increased demand with record ED volumes as the Wasatch Back continues to demonstrate unprecedented growth. Accordingly, both hospitals have made significant upgrades

to meet these demands. Staffing models continue to adapt and change, and we are meeting demands well, while continuing to provide the high levels of quality and customer service our community has come to expect. [Read more.](#)

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## FROM NATIONAL ACEP



### ACEP Resources & Latest News

#### **ACEP Blunts Medicare Cuts in 2024 Physician Fee Schedule**

CMS recently released the Physician Fee Schedule PFS for calendar year 2024, which includes some wins for you and your patients, thanks to ACEP's involvement. Other provisions are concerning and ACEP continues to fight for favorable solutions. Our goal is to ensure your work is valued appropriately. [Read ACEP's detailed analysis.](#)

#### **ACEP Council Tackles Key Issues During Philadelphia Meeting**

More than 60 resolutions were considered during the ACEP23 Council Meeting in Philadelphia in October, with many of them drawing considerable debate before 44 were ultimately adopted. [Learn more](#)

#### **New Career Resources:**

- You asked for it. ACEP delivered. ACEP's **Open Book** addresses your need for employer transparency. Gain access to information about employer group structure, leadership and more | [openbook.acep.org](https://openbook.acep.org)
- [Practice Essentials of Emergency Medicine](#) augments your knowledge of several critical business topics: Reimbursement, Contracts and Practice Models, Negotiations, Operations Management, Risk Management and More. It's **FREE** for ACEP members | [acep.org/practiceessentials](https://acep.org/practiceessentials)
- **Find More Fulfillment in Your Career.** ACEP has published a new wellness guide, [From Self to System – Being Well in Emergency Medicine](#), which offers practical solutions to many of the systemic issues that plague emergency physicians today. Thank you to the countless authors and contributors who brought together these valuable resources.

**ACEP in Action:** We are committed to listening to, and learning from, the challenges that physicians face on each shift and to being your network of support

in this difficult environment. Actions speak louder than words. We are tackling the issues that matter most to you. Our efforts are stronger when we stand united. [Read More.](#)

### Fighting for You on Shift

- ACEP convened health care stakeholders in September to discuss barriers and solutions at our ED Boarding Summit
- We have released poll results about the public's concern about boarding in the ED | [acep.org/boarding](https://acep.org/boarding)
- This [ACEP Now boarding series](#) keeps you updated on the latest boarding news and opinions
- [Contact Congress about the ED Boarding Crisis](#)

### Getting it Done in D.C.

- ACEP has been involved in **NINE recent lawsuits** to protect your autonomy and [ensure fair reimbursement](#)
- We have invested more than \$1 million of member dues dollars to [push back on scope creep](#) at the federal and state levels

**Member Benefit Spotlight:** Map out your spending and investment accounts, retirement projections, and goal projections in one secure online platform with My Financial Coach. [Read more.](#)

**Learn More about OUD Management With E-QUAL**, a free online, low-burden quality improvement program. E-QUAL is now accepting enrollment in its 2024 substance use disorder initiative where you can discover best practices for ED opioid prescribing, earn credit for CMS' MIPS program and get real-time benchmarking data. [Learn more and sign up today.](#)

## ACEP Grassroots Advocacy

### Urge Congress to Prevent Workplace Violence in the ED

ACEP is continuing its mission to bring both Congressional and public attention to the growing problem of violence against health care workers. [A recent video article](#) in the *New York Times* highlights the crisis of violence in emergency departments and includes compelling testimonials from emergency physicians and other health care workers about its impact on their ability to provide care to patients.

We urge you to [share the video with your legislators](#) to reinforce the urgency of the problem and the need for Congressional action. Your legislators need to hear from physicians who are experiencing and witnessing this crisis on the frontlines of our health care system so they will prioritize swift action in this Congress.

### Be an Advocate for Emergency Medicine and Patients

Join with your ACEP colleagues to advocate to Congress. As a physician, health care issue expert, and constituent - you have a unique story to share. [Visit the ACEP Advocacy Action Center.](#)

## Upcoming ACEP Events and Deadlines

"Vegas, Baby!" [Registration is now open for ACEP24.](#) Take advantage of ACEP23 pricing — limited time only!

**Dec 7:** [Hot Off the Presses: Key Reimbursement from the 2024 Medicare Physician Fee Schedule](#)

**Jan 9-10:** [ACEP Advanced EM Ultrasonography \(AEMUS\)](#)

**Jan 29-30:** [ACEP Advanced EM Ultrasonography \(AEMUS\)](#)

**Feb 6-8:** [Independent EM Group Master Class](#)

**March 9-15:** [ACEP Accelerate](#)

As part of your membership, you receive ***Annals of Emergency Medicine***, which is transitioning to a digital-only publication beginning with the January issue. If you prefer print, you can subscribe separately to print-on-demand for \$75/year at [ussocieties@elsevier.com](mailto:ussocieties@elsevier.com) or call 800-654-2452, option 2.

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